

## 2026.6 STUDIO PROGRAM SCHEDULE

Monday	DAY			11:30~12:00	19:00~19:30	20:00~20:45	
	1			ZUMBA	YUTA	COMBAT	
	8			ZUMBA	YUTA	COMBAT	
	15			ZUMBA	YUTA	COMBAT	
	22			ZUMBA	YUTA	COMBAT	
	29			ZUMBA	YUTA	COMBAT	
Tuesday	DAY	7:45~8:15		14:00~14:15	18:30~18:45	19:00~19:30	19:45~20:00
	2	YOSHIKA		ABS(YOSHIKA)	KOSUKE	ATTACK	ABS(HAYANO)
	9	YURIE		ABS(MIKURI)	KOSUKE	ATTACK	ABS(HAYANO)
	16	YOSHIKA		ABS(YOSHIKA)	KOSUKE	ATTACK	ABS(MIKURI)
	23	YOSHIKA		ABS(YOSHIKA)	HAYANO	ATTACK	ABS(HAYANO)
	30	YOSHIKA		ABS(YOSHIKA)	KOSUKE	ATTACK	ABS(KOSUKE)
Wednesday	DAY	7:20~7:50		12:30~12:45	13:30~14:00	19:00~19:45	20:00~20:30
	3	NATSUMI		NATSUMI	COMBAT	RIKUTO	ATTACK
	10	NATSUMI		NATSUMI	COMBAT	RIKUTO	ATTACK
	17	NATSUMI		NATSUMI	COMBAT	KOSUKE	ATTACK
	24	NATSUMI		NATSUMI	COMBAT	RIKUTO	ATTACK
Thursday	DAY	7:15~8:00		13:45~14:15		18:30~19:00	19:30~20:00
	4	YOSHIKA		YOSHIKA		KOSUKE	COMBAT
	11	YOSHIKA		YOSHIKA		KOSUKE	COMBAT
	18	YOSHIKA		YOSHIKA		KOSUKE	COMBAT
	25	YOSHIKA		YOSHIKA		KOSUKE	COMBAT
Friday	DAY	7:15~7:30	7:45~8:15	12:30~12:45		19:30~20:00	
	5	ABS(YUTA)	YUTA	NATSUMI		HAYANO	
	12	ABS(YUTA)	YUTA	NATSUMI		HAYANO	
	19	ABS(YUTA)	YUTA	NATSUMI		HAYANO	
	26	ABS(YUTA)	YUTA	YUTA		HAYANO	
Saturday	DAY	11:15~12:00		12:15~12:30	13:00~13:30	16:45~17:00	18:15~18:45
	6	KOSUKE		ABS (MIKURI)	ATTACK	MIKURI	COMBAT
	13	KOSUKE		ABS (MIKURI)	ATTACK	MIKURI	COMBAT
	20	KOSUKE		ABS (MIKURI)	ATTACK	MIKURI	COMBAT
	27	HAYANO		ABS (HAYANO)	ATTACK	KIKO	COMBAT
Sunday	DAY	9:30~10:00	10:30~11:00	13:35~14:05		17:15~17:45	
	7	COMBAT	YUTA	ZUMBA		NAOKI	
	14	休館日					
	21	COMBAT	YUTA	ZUMBA		NAOKI	
	28	休館日					